

M2102 Types of Assistance*

Type of Assistance	Examples based on M2102 Guidance
ADL Assistance	Ambulation, Bathing, Dressing, Eating/Feeding, Shampooing, Toileting, Toileting Hygiene (includes cleansing around catheter or ostomy), Transferring
IADL Assistance	Meals (includes Meals on Wheels services), Housekeeping, Laundry, Telephone, Shopping, Finances
Medication Administration Any type of medication – prescribed or OTC, any route.	<ul style="list-style-type: none"> • Oral • Inhalant • Injectable • Topical • Via G-/J-tube
Medical Procedures / Treatment Physician-ordered procedures/treatments. Includes procedure/treatments ordered for purpose of improving health status	<ul style="list-style-type: none"> • Wound care or dressing changes • Range of motion (ROM) exercises • Home exercise program (added in OASIS-C1/ICD-9) • Intermittent urinary catheterization • Postural drainage • Electromodalities • T.E.D. hose, prosthetics, orthotics, or other supports that have a medical/therapeutic impact. Does not include ADL/dressing items. • Measurement of vital signs (<i>CMS Qtrly Q&A, 4/14</i>) • Measurement of blood glucose (<i>CMS Qtrly Q&A, 4/14</i>)
Management of Equipment	<ul style="list-style-type: none"> • Oxygen • IV/Infusion equipment (including equipment related to epidural and subcutaneous infusions, dialysis through a central line.) • Enteral/Parenteral nutrition equipment • Emptying/changing urinary catheter bags • Ventilator therapy equipment or supplies • CPM (continuous passive motion) machine • Cane, walker, wheelchair • Hoyer lift
Supervision and Safety	<ul style="list-style-type: none"> • Calls to remind patient to take medication • In-person visits to ensure home environment is safe • Need for physical presence of someone in home to ensure patient doesn't wander, fall etc.
Advocacy or Facilitation (of the patient's participation in appropriate medical care)	<ul style="list-style-type: none"> • Scheduling patient's medical appointments • Taking patient to medical appointments • Following up with filling prescriptions

Guidance for M2102:

- Report what is known on day of assessment regarding availability and ability of CGs to provide assistance for upcoming episode or at discharge.
- If patient needs assistance with any aspect of a category, consider the aspect that represents the most need and the availability of caregivers to meet the need.
- If more than one response in a row applies – select response that represents the greatest need(s).
- May use clinical judgment to determine if a caregiver's temporary presence should/should not be considered when selecting a response for M2102.

*Source: OASIS C-1 Guidance Manual, Chapter 3 (M2102), 04/15 and CMS Q&As through 07/15